



Albie Aware Summertime News

We are very excited to be celebrating our fifth anniversary and want to share some news and information to update you on what's happening at Albie Aware.

Outreach and Support Program

The Albie Aware Outreach and Support Program launched in April 2008 with the first "Breast Health Education" class at the Sacramento Food Bank. Classes were held in both English and Spanish. Additional classes and site visits since April have included Women's Wellspring, Quinn Cottages, Serna Village, and Roseville Homestart. The classes have been well attended and provided valuable information to those in attendance. If you are interested in having this program come to your group, please call 916-927-1592 for more information.

Digital Mammography at St. Joseph's Hospital

Our first collaborative effort with Saint Joseph's Hospital to provide digital mammography will take place June 18, 2008 at the Sacramento Food Bank. The event day is completely booked and we will be adding another date soon. If you know of anyone that is 40 or over and has not had a mammography in the past year, this program is open to them – whether or not they have health insurance. High risk women (those 30 and over with a family history of breast cancer) can contact our office if they are unable to qualify for a mammogram screening and we will help them obtain the test through our support resources.

PET Scans

Albie Aware continues to educate on the benefits of PET Scans in the monitoring of treatment. If you are interested in learning more about PET Scans and would like this presentation, please call our office. You can also visit www.ncpic.org for more information or to inquire about a tour of the Northern California PET Imaging Center this summer.

Albie Aware Ambassador Breakfast

Our first "Albie Aware Ambassador" breakfast took place on April 25th at the Sacramento Hilton and was hosted by our celebrity Walk Chair, Jennifer Smith of News 10. Special Albie Rose Awards were given to recognize supporters who have gone above and beyond in helping our foundation achieve its mission. Special pins were distributed to those in attendance. We consider all of our supporters and constituents ambassadors, so please let us know if you would like one of these special pins.

Help Free Jack Event

Special thanks to [Jack FM](#) for the "Help Free Jack" Event on Sunday May 25th at Safeway in Granite Bay. Program Director Jeff MacMurray, Director of What's Happening Randy Craig and their posse made a house out of cases of donated [Go Girl Energy Drink](#) supplied by our friends at Nor Cal Beverage. Customers were able to purchase a whole case of Go Girl for a \$20 donation. This price was under market and the entire amount was donated to Albie Aware. An interview with Cindy Love and special announcements about Albie Aware were made throughout the day advertising and honoring our foundation.

Albie Aware greatly appreciates the outstanding support by the Jack FM staff and for giving up your Memorial Day weekend to support those in this community diagnosed with breast cancer. What a beautiful Memorial Day gift in honor of Albie Carson. Heartfelt thanks!



Think Pink!

Think Pink! At [Midtown 33 Bistro](#) on the corner of 16th & K Street takes place every Wednesday evening from 9 p.m. to close. A special introduction to the “Do It for the Girls” party was held May 14th. Customers are able to order drink specials including pink champagne and to donate to Albie Aware on their checks, as well as make cash donations. Chairman Doug Carson, Director Cindy Love, and Albie Aware Board Members were present to answer

questions about Albie Aware. Jennifer Smith also made a special



appearance. This party was sponsored by Wendy Elizabeth of Salon Eliz located at 1801 L Street. Salon Eliz donated billboard advertising on Interstate 80 for this event and it was fun to see our name in the big lights! A very special thanks to Midtown 33 owners Matt and Fred Haines and staff members Heather Chavez, Joe Jenkins and Angela Hughes for your ongoing support of Think Pink – Do it for the Girls” If you are interested in sponsoring a Think Pink night or would like more information please contact the restaurant at 916-233-3633.

Reflections

Reflections, a one woman play performed by Ruth Ghio at the Geery Theatre took place May 17th through May 24th. This was a story of a woman’s life from birth to the present- highlighting the joys, pain, life lessons, struggles and triumphs. Albie Aware’s Director Cindy Love had the pleasure of introducing on May 23rd. Albie Aware was the beneficiary of this performance and recognized every evening at each show. Thank you, Ruth.

Golf Tournament

Nolan’s Hilltop Tavern made Albie Aware beneficiary of their annual Golf Tournament that took place on April 19th at William Land Park and was followed by a BBQ dinner and raffle. All golfers had a great time and

special awards were given to top golfers. Please recognize the continued support of Donna Nolan and staff by stopping into the Hilltop this summer for a nice cool beverage. You can even order a “Go Girl”! The Hilltop is located at Folsom Blvd. and 48th Street.

Summer 2008

2008 Promises to be the busiest summer with many new and ongoing special events you’ll surely not want to miss.

Art Bra Show

Art Bra Show Second Saturday Reception is a collaborative project with Women’s Wisdom Project, local artists, and Albie Aware. Art representing the bra is presented in various media. The show will be located at 1919 20th Street from June 11 -21, 2008 with Second Saturday reception taking place **June 14th** from 6-9 p.m. Everyone is welcome. There will be live music, silent auction (all works for sale), food and beverages. There is no cost to attend.

Albie Cruisin’ 21 Run

Albie Cruisin’ 21 Motorcycle Run returns July 12, 2008 at the Power House Pub in Folsom. This is the third year and promises to be a wonderful ride with great prizes, games, food and live entertainment by Steve Foster and the Jeff Watson Band performing from noon until 3 p.m. This run is sponsored by the Sierra Chapter of



the Chrome

Divas Motorcycle Club. All bikes are welcome. There is a special discount for early registration. Please see



the Albie Aware Website, www.albieaware.org or the [chrome divas website](#) for more information.

The 5th Annual "I'll Be Aware" Walk



Let's get your walk team going! Team Captain kick-off event takes place July 2, 2008 at 6 p.m. at the Sierra Health Foundation on Garden Highway. Please plan on attending to learn how to organize a walk team for our annual pledge walk which will take place on September 13, 2008 at the California State Capitol. Food and refreshments will be provided. Let us teach and inspire you to put a plan into action to gather team mates (friends, family, co-workers) and form a great team and have lots of fun in the process. Please RSVP to 916-927-1592 and plan to attend or request a special team packet.

Save The Date!

September 13, 2008 - 5th Annual "I'll Be Aware" Pledge Walk. Join special Guests Pepper Von of Step One Dance and Fitness and Jennifer Smith of News 10. Sponsorships available. Special entertainment program follows the walk this year. California State Capitol. Please call 916-927-1592 for more information.

July 5, 2008 - Dare to Wear Pink Night at the Folsom Rodeo. We are thrilled with the news that Albie Aware has been chosen as this year's charity recipient. Come by and visit us at the event, kick up your heels, and of course be sure to wear pink. Please visit the website, www.folsomrodeo.com for event details.



Kicking Cancer

Are you ready to join us in teaming up in the fight against cancer? Then you won't want to miss the inaugural year of "Kicking Cancer" a MLS Soccer Event that takes place Sunday August 3, 2008 at the Oakland Coliseum. Busloads of people will be transported from Sacramento to the Coliseum to watch a professional soccer game between the San Jose Earthquakes and the Los Angeles Galaxy. This community event is a collaboration between the Breast Cancer Network of Strength, Northern California PET Imaging Center and Albie Aware. In the future we hope to include other

cancer foundations in this event and really need help with sponsorships and event participation. Help us deliver our message, about the need to collaborate in teaming up in the fight against cancer, to the greater Sacramento community. This will be a fun day for your friends and family and will include transportation, admission, lunch and a goodie bag. The cost is only \$65 per person and benefits all three organizations. To register or obtain more information, please call 916-737-3206.

Blues for Life

The 2nd Annual Blues for Life will be on Sunday, October 5, 2008 from 2-8 p.m. Top notch musicians generously donate their time and talents to provide a day of fabulous music and fun at Sacramento's own Torch Club. This is a high energy event where you will clap and want to dance until you drop. There will be a silent auction, raffle, and BBQ available. Admission is \$20. The first Blues for Life CD was released in December of 2007 and has an outstanding collection of great songs. You can purchase this CD on our website, by dropping in at the Torch Club, or have it mailed to you for \$15 per copy.

Volunteers Needed

Are you interested in volunteering? Albie Aware has many volunteer opportunities and could use your help. Please contact us with your talents and availability.

Albie Aware's Mission

To save more lives and empower people with breast cancer through awareness, education and support.

On-line donations are appreciated.
Thank you and have a great Summer!